



## **COVID 19, SYMPTOMS, POLICY AND PROCEDURES**

Children must not attend Abington Pre-School with any infectious disease. **This includes Covid 19 or symptoms of Covid 19** (as well as any normal childhood illnesses - Please see our Sick Children Policy).

Information in this policy is taken from the government Coronavirus website: <https://www.gov.uk/coronavirus>

### **Covid 19 / Coronavirus.**

#### **Symptoms:**

The most important symptoms of coronavirus (COVID-19) are recent onset of any of the following:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, COVID-19 will be a mild illness. However, if you have any of the symptoms above you must stay at home and arrange to have a test to see if you have COVID-19

### **Stay at home: guidance for households with possible or confirmed coronavirus (COVID-19) infection.** Updated 13 August 2020

[www.gov.uk/government/covid-19-stay-at-home-guidance](http://www.gov.uk/government/covid-19-stay-at-home-guidance)

- If you have [symptoms](#) of COVID-19 however mild, you must self-isolate for at least 10 days from when your symptoms started.
- You should arrange to have a test to see if you have COVID-19. Do not go to a GP surgery, pharmacy or hospital.

- If you are not experiencing symptoms but have tested positive for COVID-19 you also must self-isolate for at least 10 days, starting from the day the test was taken. If you develop symptoms during this isolation period, you must restart your 10-day isolation from the day you develop symptoms.
- After 10 days, if you still have a temperature you should continue to self-isolate and seek medical advice. You do not need to self-isolate after 10 days if you only have a cough or loss of sense of smell or taste, as these symptoms can last for several weeks after the infection has gone. See the ending isolation section below for more information.
- If you live with others, all other household members must stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the household became ill or if they do not have symptoms, from the day their test was taken. If anyone else in the household starts displaying symptoms, they must stay at home for at least 10 days from when their symptoms appear, regardless of what day they are on in their original 14-day isolation period. The ending isolation section below has more information.
- If you have [symptoms](#), try and stay as far away from other members of your household as possible. It is especially important to stay away from anyone who is clinically vulnerable or clinically extremely vulnerable with whom you share a household.
- Reduce the spread of infection in your home by washing your hands regularly for 20 seconds using soap and water, or use hand sanitiser, and cover coughs and sneezes.
- Consider alerting people who you do not live with and have had close contact within the last 48 hours to let them know you have [symptoms](#) of COVID-19.
- Following a positive test result, you will receive a request by text, email or phone to log into the NHS Test and Trace service website and provide information about recent close contacts.
- If you feel you cannot cope with your symptoms at home, or your condition gets worse, then use the [NHS 111 online](#) COVID-19 service. If you do not have internet access, call NHS 111. For a medical emergency dial 999.
- If you develop COVID-19 [symptoms](#) again at any point after ending your first period of isolation (self or household) then you must follow the guidance on self-isolation again. The section below has further information.

## **If a child develops symptoms whilst at the setting:**

### **Procedure:**

The parents/carers should be informed immediately to come and collect their child(ren).

Staff need to remind families that the family need to self-isolate and book Covid 19 test(s) as soon as possible. Please see government website for up to date information.

If a child is awaiting collection, they should be moved, if possible, to a room where they can be isolated behind a closed door, with appropriate adult supervision if required depending on the age of the child. Ideally, a window should be opened for ventilation. If it is not possible to isolate them, move them to an area which is at least 2 metres away from other people.

If they need to go to the bathroom while waiting to be collected, they should use a separate bathroom if possible. The bathroom should be cleaned and disinfected using standard cleaning products before being used by anyone else.

PPE should be worn by staff caring for the child while they await collection if direct personal care is needed and a distance of 2 metres cannot be maintained (such as for a very young child or a child with complex needs).

In an emergency, call 999 if they are seriously ill or injured or their life is at risk. Do not visit the GP, pharmacy, urgent care centre or a hospital.

Any member of staff who has helped someone with symptoms, and any children or young people who have been in close contact with them, do not need to go home to self-isolate unless they develop symptoms themselves or they are later advised to do so by NHS test and trace or the local [PHE health protection team](#).

Everyone should wash their hands thoroughly for 20 seconds after any contact with someone who is unwell. Cleaning the affected area with normal household disinfectant after someone with symptoms has left will reduce the risk of passing the infection on to other people.

Read [COVID-19: cleaning of non-healthcare settings guidance](#).

## **If a member of staff / volunteer develops symptoms whilst at the setting:**

The member of staff should go home straight away. They need to self-isolate and book a Covid 19 test as soon as possible. Please see government website for up to date information.

If they need to wait to be collected they should be taken to the isolation room as per the procedure for a child (see above).

## **Returning to the setting:**

### **Ending household isolation**

[www.gov.uk/government covid-19-stay-at-home-guidance](https://www.gov.uk/government/covid-19-stay-at-home-guidance)

After 10 days, if the first person to become ill feels better and no longer has symptoms other than cough or loss of sense of smell/taste they can return to their normal routine.

If you live with others, then everyone else in the household who remains well should end their isolation after 14 days. This 14-day period starts from the day the first person in the household became ill. People in the household who remain well after 14 days are unlikely to be infectious.

If anyone in the household becomes unwell during the 14-day period, they should arrange to have a test to see if they have COVID-19 – go to [testing](#) to arrange. If their test result is positive, they must follow the same advice for people with COVID-19 symptoms – that is, after 10 days of their symptoms starting, if they feel better and no longer have symptoms other than cough or loss of sense of smell or taste – they can also return to their normal routine.

## **Managing confirmed cases of COVID-19 in the setting.**

[www.gov.uk/government Actions for early years and childcare providers during the coronavirus \(COVID-19\) outbreak](https://www.gov.uk/government/actions/early-years-and-childcare-providers-during-the-coronavirus-covid-19-outbreak)

Settings must take swift action when they become aware that someone who has attended has tested positive for coronavirus (COVID-19). Settings should contact the local health protection team (see below). This team will also contact settings directly if they become aware that someone who has tested positive for coronavirus (COVID-19) attended the setting – as identified by NHS Test and Trace.

PHE East of England Health Protection Team,  
Council Offices, College Heath Road,  
Mildenhall,  
IP28 7EY  
Phone: [0300 303 8537 option 1](tel:03003038537)  
[EastofEnglandHPT@phe.gov.uk](mailto:EastofEnglandHPT@phe.gov.uk); [phe.EoEHPT@nhs.net](mailto:phe.EoEHPT@nhs.net)

In the case of a positive Covid 19 case the setting must also contact Department for Education (DfE) Helpline 0800 046 8687 option 1.

### [Maintaining records of staff, customers and visitors to support NHS Test and Trace](#)

Organisations in certain sectors should collect details and maintain records of staff, customers and visitors on their premises to support NHS Test and Trace.

Abington Pre-School will continue to keep registers and staff attendance in accordance with the Data Protection Act 2018. These can be used to support the NHS Test and Trace system.

For all further information on Covid 19 please use this link to the gov.uk Covid 19 website:

### **Safe working in education, childcare and children's social care settings, including the use of personal protective equipment (PPE)**

Updated 21 July 2020

[gov.uk/government safe-working-in-education-childcare-including-the-use-of-personal-protective-equipment-ppe](https://www.gov.uk/government/safe-working-in-education-childcare-including-the-use-of-personal-protective-equipment-ppe)

### **Rights of the Child:**

The management committee hold with the highest regard the rights of the children within our setting. The management committee and staff are all aware of the articles on the rights of the child published by Unicef. The following articles are related to our Covid 19 policy and procedures.

[Convention on the Rights of the Child unicef.org](https://www.unicef.org/convention)

**Article 6 (Survival and development):** Children have the right to live. Governments should ensure that children survive and develop healthily.

**Monitoring and Review:**

This policy will be monitored by the administrator and the manager of Abington Pre-School and will be reviewed at least annually.

Risk assessments will be carried out regularly by the trustees of the committee and the staff and management of Abington Pre-School.

**ADOPTION AND ANNUAL REVIEW OF THE POLICY**

This policy was adopted at a meeting of: **Abington Pre-School.**

Signed on behalf of the Management Committee:

Print Name: RUTH BEACH

Date: 08/09/2020

Role: ADMINISTRATOR

This policy was reviewed on:	Signature and name:	This policy was amended on:	Signature and name:
		18/09/2020	R Beach